

Parental Controls Guide

For the Microsoft Xbox One®



Raising kids has never been more challenging, particularly when it comes to the media our children consume. Yet computer and video games are among the easiest of entertainment products for parents to control. Using the ESRB ratings, and your system's parental controls, will help ensure a fun, secure, and appropriate gaming experience for you and your family.

TIPS

- With Xbox One, the experience is personalized for each user. Since parental controls are also set for each user, it is important that each family member has their own Microsoft Account.
- To help protect the settings they have chosen for their families, adults should choose a passkey (a six-digit PIN) and require it to log into the adult account. They should also be sure to sign out of their account when they are not using the console.

SETTING UP THE XBOX ONE PARENTAL CONTROLS

1. Manage parental controls by selecting "Settings," then choose "Privacy and Online Safety."
 - For example, if you set your child's content restrictions to '11,' he/she will be able to play games rated up to E10+, but not T or M.
2. Have family members customize their individual settings.
3. Adjust controls for what your children can see by setting "Content restrictions." These settings use a numerical scale that matches what would be considered appropriate for a certain age based on ESRB game ratings and other content rating systems.
 - Content restrictions make it easy for parents to choose one setting and control the games, movies, TV and music that are appropriate for their children.

YOU CAN ALSO USE PARENTAL CONTROLS TO MANAGE

- Choose settings about what your child can do and with whom they can share and communicate on Xbox Live, Microsoft's online service
- Give permission for your child to play games or use apps that would ordinarily be restricted based on their settings
- Enable web filtering to control what can be accessed through Internet Explorer on Xbox One
- Hide restricted content (such as downloadable games, trailers and demos) in the Xbox Store



For more information visit support.xbox.com

FAMILY DISCUSSION GUIDE

Talking with your children about the games and apps they enjoy is the best way to know what they're up to and to come to a mutual understanding. Here are some suggested topics to get the conversation started.

- Where and how does your child play games? Consoles? On the computer? Mobile devices? Should there be time limits? Are they playing online? If so, with whom?
- Are there age and content ratings associated with the games and apps they play? If so, what are they? (If you don't know you can check by searching ESRB.org or the ESRB mobile app.) Are there certain age ratings that are off limits?
- Do any of the games or apps your children play ask for personal information (such as an email address), or share his/her physical location with others?
- Do any of these games or apps involve user-generated content, including the ability to chat with other players? If so, what types of conversations has your child encountered?
- Has your child ever been harassed by other players during a game? If so, how should they handle it and who should they tell?
- Do any of these games or apps include the ability to purchase new content (such as new levels, in-game currency, or other items)? If so, do your children need your permission to make the purchase?

